



**Start**  
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**2**  
The community finds a pond.  
**MOVE FORWARD 1 SPACE.**

**3**

**4**  
You don't have access to the pond. You will need to ask for permission to rent it.  
**GO BACK 3 SPACES.**

**5**  
You don't have enough money to send your children to school.  
**GO BACK 2 SPACES.**

**6**

**7**  
At the Kolkatla Fish Raising Farm you learn how to breed and sell fish.  
**MOVE FORWARD 3 SPACES.**

**FISH FARMING GAME**  
Learn how Sarita and her community in Nepal worked together to create a sustainable livelihood for their community.



**8**

**11**  
You sell lots of fish at the market. You earn more money and your family has enough to eat.  
**MOVE FORWARD 3 SPACES.**

**10**

**9**  
Wild weather floods the pond. Many fishlings are washed away.  
**GO BACK 3 SPACES.**

**12**

**17**

The whole group has worked together and sold lots of fish at the market. Everyone has saved a little and the community has begun a savings group.  
**MOVE FORWARD 1 SPACE.**

**15**

**14**

With the extra money that you have earned, your family can buy more land. You plant fruit trees that will produce more food.  
**MOVE FORWARD 2 SPACES.**



**CONGRATULATIONS!**  
Together you created a sustainable livelihood for you and your community.

**28**

**18**  
You don't have enough money to buy fishlings.  
**GO BACK 3 SPACES.**

**16**



**13**



**27**  
You plant vegetables in your family garden.  
**ROLL AGAIN.**

**19**  
You don't have enough money to buy fishing equipment.  
**GO BACK 2 SPACES.**

**20**  
Your mother is ill in another village and you have to take care of her. You cannot fish.  
**MOVE BACK 3 SPACES.**

**21**

**22**

**23**  
Your son gets sick. You are forced to borrow money to buy medicine.  
**GO BACK 2 SPACES.**

**24**  
You receive some small business training so you can sell your fish for a better price.  
**MOVE FORWARD 1 SPACE.**

**25**

**26**  
With no roads it takes too long to get to the market. Some of the fish smell and are unable to be sold.  
**MOVE BACK 1 SPACE.**



## Sarita, Nepal.

Photo Credit: Stephen Kadlec

Do you know the proverb: "Give a man a fish and you feed him for a day. Teach a man to fish and you feed him for a lifetime."?

For most of us it's simply a saying, but Caritas Nepal, supported by Caritas Australia, has put these words into action, working with men and women in a remote community to turn a disused pond into a thriving fish-raising business so that together they can share food for life.

Life in rural Nepal is difficult. Many people are poor, and survive by farming small plots of land, growing just enough food for their families. Unemployment is high, and few people have the skills to develop new businesses.

Mother-of-three Sarita attended school until grade eight, making her one of the most educated women in her village. Yet her family still struggled to survive. They were not able to grow enough food on their small family farm. "With the produce from the land we did not meet our food and basic needs," Sarita explains.

So when the Kolkatla Fish Raising Group was introduced in her community eight years ago, Sarita was one of the first to join. The Fish Raising Group of eight men and four women learnt how to run a successful business breeding and selling fish. With a low-interest loan, along with training and equipment, they leased a natural pond. With hard work and dedication they have developed a hugely successful business which now produces 8,000 kilos of fish a year, most of which is sold at nearby markets.

A steady income has enabled Sarita's family to buy more land where they raise animals and grow fruit. She is proud that she can now afford to educate her children, so that they will be able to create their own futures. "The program has provided our family with good health and hope," says Sarita. "And it has become a platform for the unity and growth of the community."

Sarita's story was shared during Project Compassion 2015. Visit [www.caritas.org.au/schools](http://www.caritas.org.au/schools) for more resources.



**Caritas**  
AUSTRALIA

End poverty  
Promote justice  
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