

# Case Study



## Nguyet, Vietnam



Includes a story, classroom activities and worksheets for:

- F-Y2
- Y3-4
- Y5-6



## NGUYET, VIETNAM

LOWER PRIMARY

**What is your special talent? Do you have fun at school learning with friends? Nguyet is living with a disability and spent many years at home with her family, unable to go to school and make friends. This story is about how thanks to a Caritas-supported program she has new hope, an online business and is even riding a scooter.**

Nguyet (new-wet) shared her story during Project Compassion in 2017. Nguyet's disability means she has trouble moving around and has many health needs. She lived the first 14 years of her life at home with her parents caring for her. In Vietnam children with disabilities are often unable to go to school, so Nguyet was unable to go and make friends.

Nguyet was on her own until she joined a Caritas Australia supported program, run by Caritas's partner Catholic Relief Services (CRS), and changed her life forever.

Called the Capacity Building for Parent Associations Supporting Children with Disabilities (CBPA), the program focused on education and health. The program works to stop people treating people like Nguyet poorly due to their disability. This is called discrimination and can make it hard for some people to participate and live their life.

Through the program, Nguyet was offered a home-based education an opportunity to meet other children and found she is good at

designing and making things.

When Nguyet first started in the program, she was making doll clothes and paper flowers to sell. Two years on, Nguyet is 16, and has a new business. Nguyet is selling many things like t-shirts and home-cooked snacks made by her sister. She also helps her parents in their business.

"Because I can only use my left hand, I put products on the floor and I use the timer mode on the camera to take photographs. I am very happy," she says.

Nguyet's life has changed for the better. She is happy and more independent thanks to a scooter she bought with money from her business. The scooter means she is able to visit her grandmother and her friends. She is also able to deliver packages to her clients who live nearby

Around 4,000 people like Nguyet have taken part in this Caritas program.

Nguyet hopes her story will help others to see what is possible for a person once alone and unheard.

"I would like to say thank you to Caritas Australia and all those who have helped me."

*"I would like to have my own shop in the village one day. And I hope that other people with disabilities in Vietnam will receive help like I did."*

-Nguyet





**FIND NGUYET'S SHORT FILM AND INTERACTIVE STUDENT WORKBOOK:**

<https://www.thinglink.com/fullscreen/1114685208856100865>



## PRAYER

Creator God,

You know us better than we know ourselves. We all have special gifts and talents, and we are all special. We know many of our sisters and brothers in the world are not included like Nguyet in Vietnam. Guide us as people of hope as we work to include others so they can contribute. We ask this prayer in your name. Amen

1. What are some challenges for Nguyet?
2. Where does Nguyet live?
3. How would you feel if you were unable to go to school? Why?
4. What surprised you from Nguyet's story?
5. How did Caritas Australia help?
6. What have you learned from Nguyet's story?

Maps to find out the location of Vietnam and the location of Australia.



## REFLECT

*"Start by doing what's necessary; then do what's possible; and suddenly you are doing the impossible."*

St Francis of Assisi

- Think back on your life, what have you achieved that you thought initially would be impossible?
- Nguyet's life has changed a great deal in only two years. What is something you would love to be doing two years from now?



## TASK 2: PHOTO STUDY

English ACELY1650, ACELY1660, ACELY1670

Consider each photograph in the collage.

1. What is happening in the picture?
2. How do you know?
3. Where do you think the picture was taken?
4. What have you learned about the life of others around the world from this picture?
5. If you could meet the people in these photos what would you like to ask them?
6. What is your favourite picture and why?



## TASK 4: TALENT BOARD

F ACPPS001 Y1/2 ACPPS015

We are all special and have different gifts and talents. Nguyet was treated differently because of things she found hard to do. Nguyet's life changed after she started in the Caritas supported program. Use our worksheet to help you.

1. What are you good at?
2. How can you help others?
3. Are you good at reading, writing, maths, drawing, soccer, singing, dancing or something else? Let others know! Create a class help board and make a poster so others know who to ask when they need help. Use our worksheet and show your talents!



## CATHOLIC SOCIAL TEACHING

Solidarity

We believe we are all one big family. We need to work together to help one another.

- How is this story an example of this Catholic Social Teaching principle?
- How does your support of Project Compassion show that you believe that everyone should be able to contribute?



## TASK 5: FUTURE GOALS

Nguyet is living with a disability that makes it hard for her to move around. She moves around her house with the help of a scooter board. Nguyet has been able to get a scooter with money she made from her business. She is now able to go and visit her family and friends on her own. Nguyet never gave up on her dreams.

1. What is one of Nguyet's talents?
2. What do you find hard to do?
3. How can you get better? Who can you ask for help?
4. What would you like to be able to do in two years' time?
5. What can help you make this dream come true?

## LEARNING TASKS



### TASK 1: STORY STUDY

ENGLISH ACELY1650, ACELY1660, ACELY1670

Watch (or read) Nguyet's story and discuss.



## Task 3: Country Study

ACHASSK047

Search for the tags in the Interactive Workbook Thinglink (or your own research) to find the answers to the following questions about Vietnam:

1. What are the houses made from?
2. What do the houses look like?
3. Why is life hard for some people in Vietnam?
4. What is the climate like?
5. What are some native animals?
6. Where is Vietnam? Use Google



## NGUYET, VIETNAM

MIDDLE PRIMARY

**Nguyet spent many years unable to go to school and make friends in her small town in Vietnam. Nguyet is living with a disability and thanks to a Caritas-supported program she has new hope and opportunities. She has an online business and is even riding a scooter.**

Nguyet (new-wet) shared her story during Project Compassion in 2017. Nguyet's disability means she has trouble moving around and has many health needs. In Vietnam children with disabilities are often unable to go to school, so Nguyet was unable to go and make friends. She lived the first 14 years of her life at home, her parents caring for her.

Nguyet's life changed forever as a participant in the Caritas Australia supported program, run by Caritas's partner Catholic Relief Services (CRS).

Called the Capacity Building for Parent Associations Supporting Children with Disabilities (CBPA), the program focused on education and health. The program also works to help build community networks and stop people treating people poorly due to their disability. This is called discrimination. Discrimination is one of the biggest blocks for people like Nguyet to participate in their communities and to try to live a normal life.

Through the program, Nguyet was offered a home-based education, an opportunity to meet other children, and found she is good at design and making things.

When Nguyet first started in the program, she was making doll clothes and paper flowers to sell. Two years on, Nguyet is now 16, and has a new business.

Today Nguyet is selling T-shirts, accessories and home-cooked snacks made by her sister. She also helps her parents in their business by selling building materials locally.

"Because I can only use my left hand, I put products on the floor and I use the timer mode on the camera to take photographs. I am very happy," she says.

Nguyet's life has changed for the better. She is happy and more independent thanks to a scooter she bought with money from her business. The scooter means she is able to visit her grandmother and her friends. She is also able to deliver packages to her clients who live nearby.

Around 4,000 people like Nguyet have taken part in this Caritas program.

Nguyet has great hope and drive to succeed in her future. She hopes her story will help others to see what is possible for a person once alone and unheard.

*"I would like to have my own shop in the village one day. And I hope that other people with disabilities in Vietnam will receive help like I did."*

*-Nguyet*

"I would like to say thank you to Caritas Australia and all those who have helped me."



## FIND NGUYET'S SHORT FILM AND INTERACTIVE STUDENT WORKBOOK:

<https://www.thinglink.com/fullscreen/1114794556911517697>

### RELIGIOUS EDUCATION: LENT



#### PRAYER

Creator God,

You know us better than we know ourselves. We all have special gifts and talents, and we are all special. We know many of our sisters and brothers in the world are not included like Nguyet in Vietnam. Guide us as people of hope as we work to include others so they can contribute. We ask this prayer in your name. Amen



#### REFLECT

*"Start by doing what's necessary; then do what's possible; and suddenly you are doing the impossible."*

St Francis of Assisi

- Think back on your life, what have you achieved that you thought initially would be impossible?
- What do you think Nguyet would say about this quote and her life?



#### CATHOLIC SOCIAL TEACHING

Solidarity

We believe we are all one big family. We need to work together to help one another.

- How is this story an example of this Catholic Social Teaching principle?

### LEARNING TASKS



#### TASK 1: STORY STUDY

ENGLISH ACELY1680, ACELY1692, CIVICS AND CITIZENSHIP ACHASSK072, ACHASSK093

Watch (or read) Nguyet's story and discuss.

1. What are some challenges for Nguyet?
2. Where does Nguyet live?
3. How would you feel if you were unable to go to school? Why?
4. How has Nguyet shown resilience in her life?
5. How do you think Nguyet feels when she is treated differently due to her disabilities?

6. What are some of Nguyet's strengths?
7. How did Caritas Australia help?
8. What have you learned from Nguyet's story?



#### TASK 2: PHOTO STUDY

English AACELY1650, ACELY1660, ACELY1670

Consider each photograph in the collage.

1. What is happening in the picture?
2. How do you know?
3. Where do you think the picture was taken?
4. What have you learned about the life of others around the world from this picture?
5. If you could meet the people in these photos what would you like to ask them?
6. What is your favourite picture and why?



#### Task 3: Country Study

ACHASSK047

Search for the tags in the Interactive Workbook Thinglink (or do your own research) to find the answers to the following questions about Vietnam:

1. What are the houses made from?
2. What do the houses look like?
3. Why is life hard for some people in Vietnam?
4. What is the climate like?
5. What are some native
6. Where is Vietnam? Use Google Maps to find out the location of Vietnam and the location of Australia.
7. Research some of the reasons why people are experiencing poverty in Vietnam.



#### TASK 4: HEALTHY AND SAFE SCHOOLS

We are all special and have different gifts and talents. Nguyet was treated differently because of things she found hard to do. Nguyet's life changed after she started in

the Caritas supported program.

1. Have you ever been treated differently because of something you could not do?
2. How did you feel?
3. How can you make sure your school is a safe zone for everyone to feel safe and included?
4. How do you make people feel included in games at break times?
5. What would you do if you found someone sitting alone during a break?



#### TASK 5: FUTURE GOALS

Nguyet is living with a disability that makes it hard for her to move around. She moves around her house with the help of a scooter board. Nguyet has been able to get a scooter with money she made from her business. She is now able to go and visit her family and friends on her own. Nguyet never gave up on her dreams.

1. How do you react when you are unable to achieve what you want?
2. Do you give up or do you try harder?
3. How can failing make us stronger?
4. When have you had to persevere to achieve a goal?
5. What have you learned from this experience?
6. What would you like to be able to do in two years' time?
7. What can help you make this dream come true?



#### TASK 6: GRATITUDE JOURNAL

Living with a disability is challenging for Nguyet. Yet, since featuring in Project Compassion 2017, Nguyet has successfully built her own business, a dream that has become a reality with the support of Caritas Australia. Connected to the world in new ways, Nguyet has become independent, an important member of her community and has great hope for her future. Spend 10 minutes reflecting upon what you have learned and on all the blessings in your life. Record this reflection in a gratitude journal entry.





## NGUYET, VIETNAM

UPPER PRIMARY

**Nguyet is a teenager living with a disability in a small town in Vietnam, who spent many years on her own. Her life has been transformed with new hope and opportunities thanks to a Caritas-supported program. Two years after she featured in Project Compassion 2017, she has built a successful online business and is even riding a motorbike.**

Nguyet (new-wet) lived the first 14 years of her life isolated at home, her parents caring for her many health needs. Her disability restricted her movements, ability to interact with others and any chance of an education.

Around 7% of people in Vietnam are living with a disability.\* They often have poorer health, fewer educational and employment opportunities and higher poverty rates than people without disabilities.

The future appeared bleak – until a Caritas Australia program, implemented by our partner Catholic Relief Services (CRS) changed her life forever.

Called the Capacity Building for Parent Associations Supporting Children with Disabilities (CBPA), the program focused on inclusive education, health and building strong community networks to help to break down stigma and discrimination for those with disabilities. Discrimination remains one of the biggest barriers for people like Nguyet to participate in their communities and try to live a normal life.

Through the program, Nguyet was offered a home-based education, health services, new social interactions with other children and a creative outlet she is good at.

When Nguyet first participated in the program, she started designing and sewing doll's clothes and making delicate paper flowers to sell. Two years on, Nguyet is now 16, and has used her ambitions and newfound confidence through the program to take her business in another direction. Today Nguyet is making a profit selling

T-shirts, accessories and home-cooked snacks made by her sister. She also helps her parents in their business selling building materials locally.

"Now I can buy things I need at home and I can also purchase things to sell online," Nguyet says.

"Because I can only use my left hand, I put products on the floor and I use the timer mode on the camera to take photographs. And I used my savings, with support from my parents, to buy a motorbike to help me get around. I am very happy," she says.

*"I can go out independently now."*

-Nguyet

"I visit my grandmother who lives four kilometres away and my friends' houses and I ship merchandise to my clients who live near here," Nguyet says.

The program also enabled her mother, Tim, to develop physiotherapy skills so she could better assist her daughter. Her mother says Nguyet's health is better, although she still relies heavily on her parents for her physical needs.

Around 4,000 people have now benefitted from this inspiring Caritas program.

Nguyet has great hope and a real commitment to succeed in her future. She hopes her story will inspire others to see what is possible for a person once isolated and unheard.

*"I would like to have my own shop in the village one day. And I hope that other people with disabilities in Vietnam will receive help like I did."*

-Nguyet

"I would like to say thank you to Caritas Australia and all those who have helped me."

\*World Bank 2015.



## FIND NGUYET'S SHORT FILM AND INTERACTIVE STUDENT WORKBOOK:

<https://www.thinglink.com/fullscreen/1114794567095287809>



### PRAYER

Creator God,

You know us better than we know ourselves. We know many of our sisters and brothers throughout the world face discrimination, like Nguyet in Vietnam. Guide us as people of hope as we work to ensure that everyone is able to participate fully in their lives with hope for the future. We ask this prayer in your name. Amen



### REFLECT

*"Start by doing what's necessary; then do what's possible; and suddenly you are doing the impossible."*

St Francis of Assisi

- What is your initial reaction to this quote? What thoughts and images does it create in your mind?
- Think back on your life, what have you achieved that you thought initially would be impossible?
- What is inspirational about Nguyet's story?



### CATHOLIC SOCIAL TEACHING

Solidarity

We believe that we are part of one human family and have a responsibility to help each person reach their full potential.

- Do you think Nguyet's story is a powerful example of how life can change completely by having an opportunity to go to school and work with others?

### LEARNING TASKS



#### TASK 1: STORY STUDY

ENGLISH- ACELY1701, 1703, 1713

Watch (or read) Nguyet's story and discuss.

1. What are some challenges for Nguyet?
2. Where does Nguyet live?
3. How would you feel if you were unable to go to school? Why?
4. How has Nguyet shown resilience in her life?
5. How do you think Nguyet feels when she is treated differently due to her disabilities?
6. What are some of Nguyet's strengths?

7. How did Caritas Australia help?

8. What have you learned from Nguyet's story?



#### TASK 2: PHOTO STUDY

Consider each photograph in the collage.

1. What is happening in the picture?
2. How do you know?
3. Where do you think the picture was taken?
4. What have you learned about the life of others around the world from this picture?
5. If you could meet the people in these photos what would you like to ask them?
6. What is your favourite picture and why?



#### TASK 3: COUNTRY STUDY

HASS - ACHASS123, Geography- ACHASSK138, ACHASSK139

Search for the tags in the Interactive Workbook Thinglink (or do your own research) to find the answers to the following questions about Vietnam:

1. What is the population?
2. What percentage of the population are living below the poverty line?
3. What are the official languages?
4. What is the main religion?
5. Why are some people living in poverty?
6. Why is there inequality?
7. Where is Vietnam? Use Google Maps to find out the location of Vietnam and the location of Australia.



#### TASK 4: DISCRIMINATION

ACPPS051, ACPPS056, ACPPS060

We are all special and have different gifts and talents. Nguyet was treated differently because of things she found hard to do. Nguyet's life changed after she started in the Caritas supported program.

1. Have you ever been treated differently because of something you could not do?
2. How did you feel?
3. Where do you see or hear about discrimination in your community, in

Australia and even the world?

4. Do you think more action needs to be taken to prevent discrimination?
5. What action can you take to make sure people are not discriminated against?



#### TASK 5: BUSINESS SUCCESS

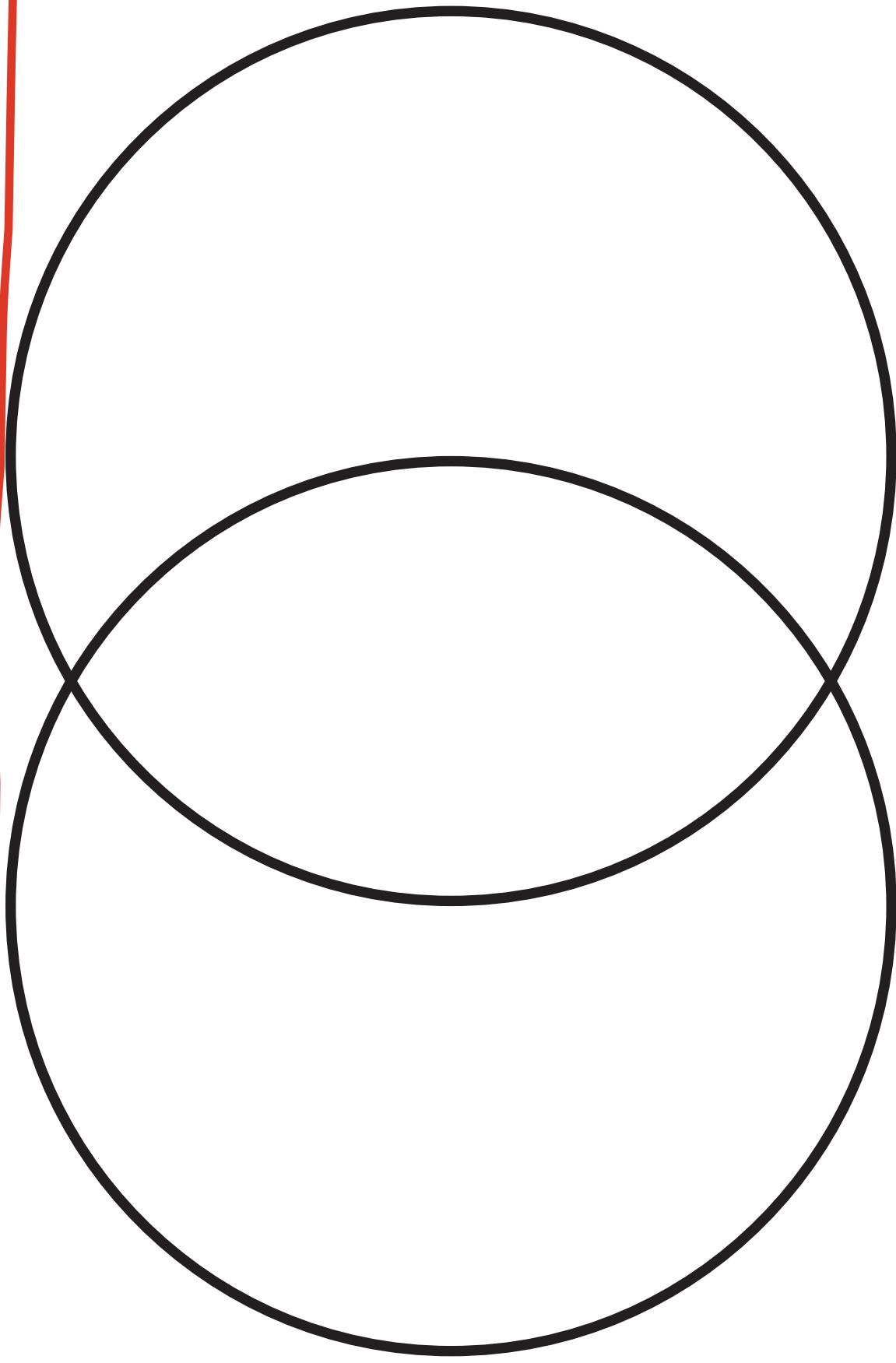
In the past two years Nguyet's business has changed considerably. When we first met Nguyet in 2017 she was making and selling paper flowers. She is now selling accessories, food, building supplies for her parents and t-shirts. Nguyet is living with a disability that makes it hard for her to move around. She moves around her house with the help of a scooter board. Nguyet has been able to get a motorbike with money she made from her business. She is now able to go and visit her family and friends on her own. Nguyet is not giving up on her dreams of owning a shop, having drawn plans for it already.

1. Why do you think Nguyet changed the focus of her business?
2. What information would Nguyet have considered when changing the focus of her business?
3. Why do you think this business is more successful?
4. Why is an online business currently a good model for Nguyet?
5. How has the purchase of a motorbike changed Nguyet's business?
6. How will Nguyet's business change in the future with a shop?
7. Is there a need for a new business in your local community? What do you think it is?



#### TASK 6: GRATITUDE JOURNAL

Living with a disability is challenging for Nguyet. Yet, since featuring in Project Compassion 2017, Nguyet has successfully built her own business, a dream that has become a reality with the support of Caritas Australia. Connected to the world in new ways, Nguyet has become independent, an important member of her community and has great hope for her future. Spend 10 minutes reflecting upon what you have learned and on all the blessings in your life. Record this reflection in a gratitude journal entry.

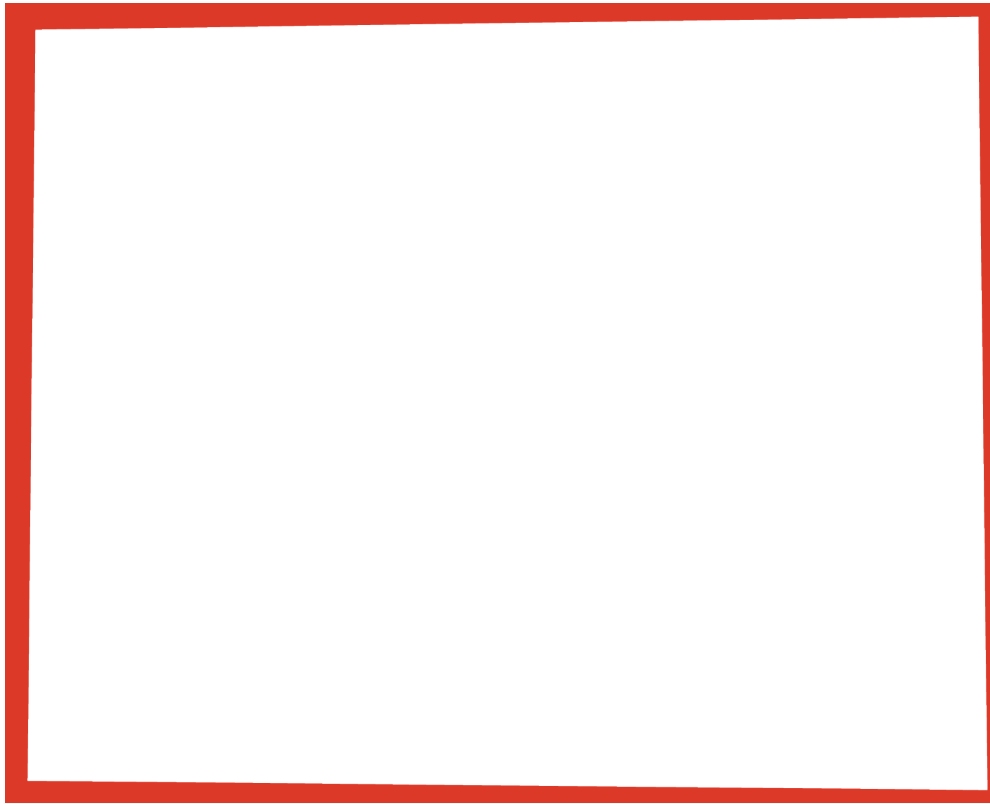


# Venn Diagram

How are you Nguyet similar and different?

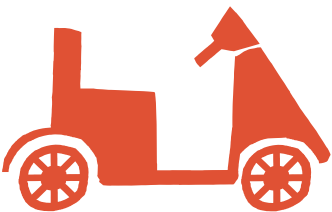


# TALENT BOARD



**My name is \_\_\_\_\_  
and I want to use my  
talents to help others.  
I am really good at**

\_\_\_\_\_•

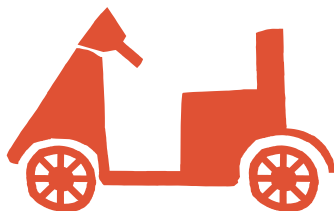


"Start by doing what's necessary; then do what's possible; and suddenly you are doing the impossible."

– St Francis of Assisi

## NGUYET, VIETNAM

What is my message of hope this Easter?



This week I am grateful for...

## 100% INCLUSION



Nguyet, Vietnam

Living with a disability was challenging for Nguyet. Yet, since featuring in Project Compassion 2017 Nguyet has successfully built her own business, a dream that has become a reality with the support of Caritas Australia. Connected to the world in new ways, Nguyet has become independent, an important member of her community and has great hope for her future.

Spend 10 minutes reflecting upon what you have learned and on all the blessings in your life.

Three times I laughed with friends this week...

- 1.
- 2.
- 3.