



Sakun

From
India

Lower Primary Story

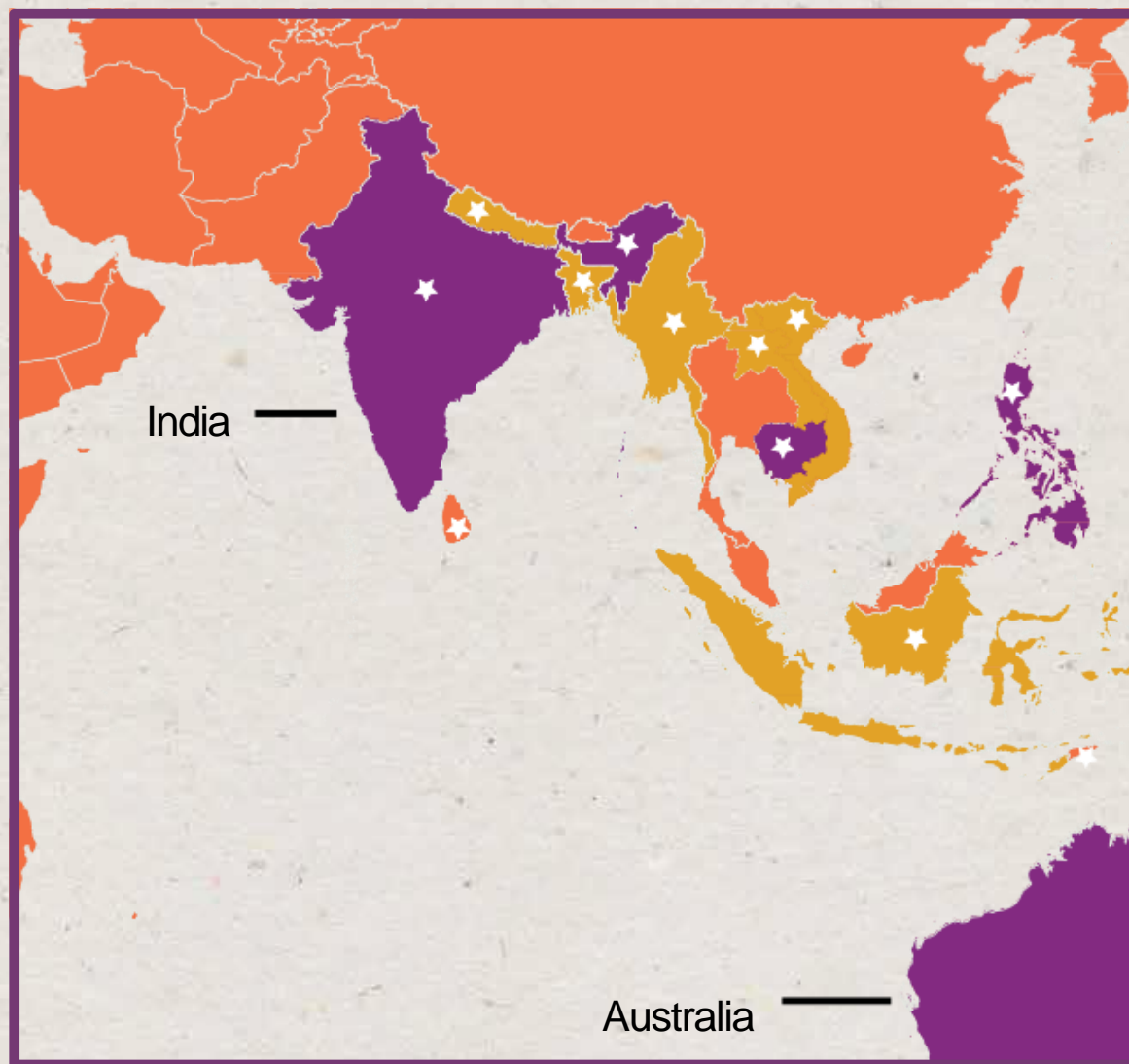


Photo credits: Patrick Hansda



This is a story about Sakun and how with your support of Project Compassion, she has been able to build a brighter future.

Sakun is 32 years old and lives in a country called India.





Sakun lives with her sister.



Who do you live with? What does the front of your house look like?



When Sakun was a young child she became sick with polio. This made it hard for her to walk.



Sakun was left out of her community and unable to earn money to support herself.



With help from Caritas Australia's partner in India, Sakun was able to get a special hand-pedalled tricycle.



How do you think Sakun's life improved with the use of a tricycle?



Through a Caritas program, Sakun learned how to run a small business. She set up a shop to sell snacks near the local school.



Sakun's shop is very busy. She sells to 900 school students.



Do you have a shop at your school or near your school? What snacks can you buy?



Sakun now earns her own money to buy what she needs.



What can you see in this photo? What is Sakun doing?



Sakun says she feels happy now that she can move around her village and make friends.

Questions

1. Where does Sakun live?
2. What made life hard for Sakun?
3. What helped make things better for Sakun?
4. How did Caritas Australia help?

MEET SAKUN, INDIA

Learning Tasks

1. Read the story book and discuss the questions.
Curriculum: English: ACELY1650, ACELY1660, ACELY1670.
2. **Pray.** As a class or individually, students write a prayer for the featured community.
3. **Act:** After reading the story, discuss different actions students can take to build a fairer world. For example. sharing their knowledge, making a donation, learning more. They might be prompted to change something in their daily lives as a result of something in the story, for example; including people in their games more often, wasting less food or carefully watering their gardens.
4. **RE LINK: Loving our neighbours**
Draw a picture of how you could show love to your neighbour.
5. **Make Dahl**

Lentils are a staple food in India. Sakun would typically eat dahl for a meal. Find out how healthy the ingredients of dahl are.

The photo below shows Sakun's cooking environment. Note the firewood. Think about how someone in Sakun's family would need to collect firewood daily. How long do you think that would take?

As a class, cook the Dahl recipe provided and time how long it takes. Share the Dahl and Sakun's story with your family. Think about how people like Sakun would need to do this process every day, for their basic nutrition.

Dahl

1 cup yellow split pea dahl

One small onion

One clove garlic

One tomato

1 teaspoon turmeric

Salt to taste

Wash and clean dahl several times until the water runs clear

Boil the dahl in three cups of water with the turmeric, Salt, tomato

Boil until dahl is soft

In a separate pan, fry the onions and garlic in some oil and when fragrant, add the whole mixture including the oil into the dahl and mix.

Eat with roti or rice.

Curriculum: Design and Technology F-2: ACTDEK003.

