

# Case Study



## Salma, Bangladesh



Includes a story, classroom activities and worksheets for:

- F-Y2
- Y3-4
- Y5-6

A woman wearing a red and yellow sari with a black and white patterned border is smiling and holding a baby. The baby is wearing a yellow and pink outfit. The background is a plain, light-colored wall.

## SALMA, BANGLADESH

LOWER PRIMARY

**Do you know anyone who is having a baby? It is such a special time for the family. This story is about a woman named Salma who lives in Bangladesh. Caritas was able to help Salma when she was pregnant and scared.**

Salma lives with her husband, Masud in Bangladesh. They do not live in a city; they live in the country in the community of Gazipur. Salma shared her story during Project Compassion in 2013 when she was pregnant with her first child. Salma was very sick. The nearest doctor was too far away for Salma to walk to see. She suffered pain, could not eat and was scared.

Salma heard about a midwife named Pronoti. A midwife is a person trained to help people with childbirth. Salma was told that Pronoti was very good at helping keep mothers and babies safe and healthy.

This brought great hope to Salma and her family. Pronoti helped Salma during her pregnancy and helped deliver Salma's beautiful daughter.

In Bangladesh, many women and children still die during pregnancy and childbirth. Pronoti was able to help, thanks to the training she received through the Safe Motherhood Program supported by Caritas Australia. Over 400 women have been trained since 2008 giving over 28,000 women check ups after pregnancy and delivering more than 15,000 babies.

The program helps new mothers and also helps midwives learn new skills. Pronoti is now a respected community member who is able to make money to help her family.

Pronoti supported Salma through her second pregnancy and this time delivered her healthy baby boy.

"I think often how if the Safe Motherhood Program had not trained midwives like Pronoti many of us would have to go to the private clinics 11 kilometres away," Salma says. "Some of us women and our babies might die because of that."

Salma is pleased her two children were born healthy. They are growing up strong, and can focus on their hopes and dreams for the future.

Salma would like to say a big thank you to Caritas and the people of Australia for all their help.

*"We are poor and so it is easy to get discouraged about the future. However, if we have hope, we have the courage to try and do things that seem difficult or impossible at the time."*

*- Salma*

With your support, Caritas is helping women in Bangladesh to safely give birth to their babies.





### FIND SALMA'S SHORT FILM AND INTERACTIVE STUDENT WORKBOOK:

<https://www.thinglink.com/fullscreen/1114791731116638209>



#### PRAYER

God of hope,

You gave life to all your children on earth. Guide us Lord as people of hope to keep the needs of those in need in our thoughts and actions. As we look ahead to the joyful celebration of new life at Easter, we think of Salma and mothers like her in Bangladesh and around the world who are pregnant and afraid. We ask your blessing for them and for those who are supporting them as they move towards a life full of hope and opportunity. We ask this prayer in your name. Amen



#### REFLECT

*"The human heart is always drawn by love."*

St Catherine of Siena

- What thoughts and images come into your mind when you hear this?
- How can you show God's love to others this Lent?
- How does Salma's story show that the human heart is always drawn by love?



#### CATHOLIC SOCIAL TEACHING

Preferential Option for the Poor

We believe that some people need extra help, particularly those who are living in poverty.

- How is this story an example of this Catholic Social Teaching principle?

### LEARNING TASKS



#### TASK 1: STORY STUDY

English ACELY1650, ACELY1660, ACELY1670

- Watch (or read) Salma's story and discuss.

1. What are some challenges for Salma?
2. Where does Salma live?
3. Why was Salma scared and afraid?
4. What surprised you from Salma's story?
5. How did Caritas Australia help?
6. What have you learned from Salma's story?



#### TASK 2: PHOTO STUDY

English ACELY1650, ACELY1660, ACELY1670

Consider each photograph in the collage.

1. What is happening in the picture?
2. How do you know?
3. Where do you think the picture was taken?
4. What have you learned about the life of others around the world from this picture?
5. If you could meet the people in these photos what would you like to ask them?
6. What is your favourite picture and why?



#### TASK 3: COUNTRY STUDY

ACHASSK047

Search for the tags in the Interactive Workbook Thinglink (or do your own research) to find the answers to the following questions about Bangladesh:

1. What are the houses made from?
2. What do the houses look like?
3. Why is life hard for some people in Bangladesh?
4. What is the climate like?
5. Where is Bangladesh? Use Google Maps to find out the location of Bangladesh and the

location of Australia.



#### TASK 4: HEALTHY BABIES

Salma is the proud mother of two healthy children. Everyone is happy when a new baby comes along. They are very special. New mums are happy when they know that their babies are healthy.

Can you write or draw all the things you think healthy babies need?



#### TASK 5: ALL ABOUT US

Salma is the happy mother of two happy and healthy children. Salma and her family live in a village in Bangladesh.

- Where do you live?
- How many people are in your family?

Create a survey and survey our class to find out more about their life. You might choose to ask about the number of people in their family, number of pets or something else.

Graph your results and share with the class. Were you surprised by the results?



#### TASK 6: MY FUTURE DREAMS

F ACPPS001 Y1/2 ACPPS015

Salma's daughter would love to be a doctor when she is older. She wants to help others. Think about the questions below about your future. Discuss, write or draw your responses to the questions below:

1. What would you like to do when you are older?
2. Where would you like to live?
3. Who do you think you will live with?
4. What will you do for fun?

A photograph of a woman, Salma, wearing a red and yellow sari with a black and white patterned border. She is smiling and looking down at a baby she is holding in her arms. The baby is wearing a yellow and pink outfit. The background is a plain, light-colored wall.

## SALMA, BANGLADESH

MIDDLE PRIMARY

**Do you know anyone who is having a baby? It is such a special time for the family. This story is about a woman named Salma who lives in Bangladesh. Caritas was able to help Salma when she was pregnant and scared.**

Salma lives with her husband, Masud, in the rural community of Gazipur. During her first pregnancy, Salma was very sick. She suffered pain, couldn't eat and was frightened. The nearest doctor was 11 kilometres away, too far to walk to for pregnant Salma.

Salma heard about a rural midwife named Pronoti. A midwife is someone who is trained to help people with childbirth. Salma was told that mothers and babies in Pronoti's care were more likely to be safe and healthy during pregnancy, childbirth and the following months.

This brought great hope to Salma and her family. Pronoti helped Salma during her pregnancy and helped deliver Salma's beautiful daughter.

In Bangladesh, many women and children still die during pregnancy and childbirth. Pronoti was able to help Salma, thanks to the training she received through the Safe Motherhood Program supported by Caritas Australia. Over 400 women have been trained since 2008 giving over 28,000 women checkups during pregnancy and delivering more than 15,000 babies.

The program helps new mothers and it also

helps midwives learn new skills. Pronoti is now a respected community member who is able to make money to support her family.

When Salma fell pregnant a second time, she called Pronoti immediately. Pronoti supported Salma through her pregnancy and this time delivered her healthy baby boy.

*"I think often how if the Safe Motherhood Program had not trained midwives like Pronoti many of us would have to go to the private clinics 11 kilometres away. Some of us women and our babies might die because of that."*

*- Salma*

Now 24, Salma watches her one-year-old boy and her six-year-old daughter who is in Year 2 at school play. She is pleased that were they born healthy. They are growing up strong, and can focus on their hopes and dreams for the future.

Salma would like to say a big thank you to Caritas and the people of Australia for all their help.

*"We are poor and so it is easy to get discouraged about the future. However, if we have hope, we have the courage to try and do things that seem difficult or impossible at the time."*

*- Salma*

With your support, Caritas is helping women in Bangladesh to safely give birth to their babies.





### FIND SALMA'S SHORT FILM AND INTERACTIVE STUDENT WORKBOOK:

<https://www.thinglink.com/fullscreen/1114791491273752577>



#### PRAYER

God of hope,

You gave life to all your children on earth. Guide us Lord as people of hope to keep the needs of those in need in our thoughts and actions. As we look ahead to the joyful celebration of new life at Easter, we think of Salma and mothers like her in Bangladesh and around the world who are pregnant and afraid. We ask your blessing for them and for those who are supporting them as they move towards a life full of hope and opportunity. We ask this prayer in your name. Amen



#### REFLECT

*The human heart is always drawn by love.*

*St Catherine of Siena*

- What thoughts and images come into your mind when you hear this?
- How can you show God's love to others this Lent?
- How does Salma's story show that the human heart is always drawn by love?



#### CATHOLIC SOCIAL TEACHING

Preferential Option for the Poor

We believe that some people need extra help, particularly those who are living in poverty.

- How is this story an example of this Catholic Social Teaching principle?
- How does your support of Project Compassion show that you believe that people should be given extra help when they need it?

#### LEARNING TASKS



##### TASK 1: STORY STUDY

English ACELY1680, ACELY1692, Civics and Citizenship ACHASSK072, ACHASSK093

▶ Watch (or read) Salma's story and discuss.

1. What are some challenges for Salma?
2. Where does Salma live?

3. Why was Salma scared and afraid when she was pregnant with her first child?
4. Why is it important for women like Salma to have access to trained midwives like Pronoti?
5. What surprised you from Salma's story?
6. How did Caritas Australia help?
7. What have you learned from Salma's story?



##### TASK 2: PHOTO STUDY

English ACELY1680, ACELY1692

Consider each photograph in the collage.

1. What is happening in the picture?
2. How do you know?
3. Where do you think the picture was taken?
4. What have you learned about the life of others around the world from this picture?
5. If you could meet the people in these photos what would you like to ask them?
6. What is your favourite picture and why?



##### TASK 3: COUNTRY STUDY

ACHASSK047

Search for the tags in the Interactive Workbook Thinglink (or do your own research) to find the answers to the following questions about Bangladesh:

1. What are the houses made from?
2. What do the houses look like?
3. Why is life hard for some people in Bangladesh?
4. What is the climate like?
5. Where is Bangladesh? Use Google Maps to find out the location of Bangladesh and the location of Australia.
6. Research reasons why some people in Bangladesh are experiencing poverty.



##### TASK 4: HEALTHY BABIES

Salma, the proud mother of two healthy children, was helped through her pregnancies by Pronoti, a trained midwife. Sadly in Bangladesh many women and children die during pregnancy, childbirth and the months following the birth of a baby. Programs like the Safe Motherhood Program train women like Pronoti to help mothers and babies have safe pregnancies and childbirth.

1. What do you think healthy babies need?
2. Why is it important for women like Salma to have access to midwives like Pronoti?
3. How has Pronoti's life changed through her participation in her training?
4. What can you do to raise awareness about this issue?



##### TASK 5: MY FUTURE DREAMS

Salma's daughter would love to be a doctor when she is older. She wants to help others. Reflect on the questions below about your future. Discuss, write or draw your responses:

1. What would you like to do when you are older?
2. Where would you like to live?
3. Who do you think you will live with?
4. What will you do for fun?



##### TASK 6: GRATITUDE JOURNAL

Salma's story was first shared in Project Compassion 2013. At the time she was pregnant with her first child, sick and terribly frightened. In distress, she sought the help of a midwife trained by Caritas' Safe Motherhood Program. Six years on, she's now a healthy mother of two strong, happy children. Salma is committed to giving her children the education they need to provide them with the future she hoped for. Spend 10 minutes reflecting upon what you have learned and on all the blessings in your life. Record this reflection in a gratitude journal entry.

A photograph of a woman, Salma, wearing a red and yellow sari with a patterned border. She is smiling and looking down at a baby she is holding in her arms. The baby is wrapped in a pink and white patterned cloth. The background is a plain, light-colored wall.

## SALMA, BANGLADESH

UPPER PRIMARY

**Salma was just 18 years old, pregnant and scared when she featured in Project Compassion 2013. Thankfully a midwife, trained by Caritas' Safe Motherhood Program, helped Salma. More than six years on, Salma is the mother of two healthy children.**

Salma lives with her husband, Masud, in the rural community of Gazipur, two hours from Bangladesh's capital, Dhaka. During her first pregnancy, Salma was very sick. She suffered from abdominal pain, couldn't eat and was frightened. Her distress increased when some villagers suggested that something might not be right with the baby.

In Bangladesh, many women and children still die during pregnancies and childbirth. According to a recent World Bank report, nearly 30 in 1,000 newborn babies die, while still more are born suffering malnutrition and are of low birth weight.

The nearest medical clinic was too far away for Salma to attend, so she visited the village's elderly traditional birth attendant. However, Salma didn't feel comforted or confident that her baby would be born healthy.

Thankfully, Salma heard about a rural midwife named Pronoti. Word had reached Salma that mothers and babies in Pronoti's care experienced fewer complications during birth and in the critical months afterwards. Pronoti's patients were also less likely to suffer illness or injury. This brought great hope to Salma and her family.

Salma sought out Pronoti, who safely monitored her pregnancy and helped deliver Salma's beautiful daughter.

Pronoti was able to help, thanks to the midwifery training she received through the Safe Motherhood Program supported by Caritas Australia. This comprehensive training means midwives like Pronoti can provide full antenatal and postnatal care, deliver babies, and refer mothers to hospital if needed.

Through the program, more and more women in rural

Bangladesh are receiving the care they need and fulfilling their hope of having a family.

To date the program has reduced maternal and infant mortality in the area by almost 70 percent. Over 400 women have been trained in midwifery since 2008 – and these new midwives have had an incredible impact, giving over 28,000 women antenatal checkups and delivering more than 15,000 babies.

Not only has the program helped new mothers, it has empowered midwives, like Pronoti, by giving them the opportunity to learn valuable skills. Pronoti is now a respected community member who is able to contribute to her family's income.

When Salma fell pregnant a second time, she called Pronoti immediately. Pronoti was once again delighted to accompany Salma through her pregnancy and this time deliver a healthy baby boy.

"I think often how if the Safe Motherhood Program had not trained midwives like Pronoti many of us would have to go to the private clinics 11 kilometres away," Salma says. "Some of us women and our babies might die because of that."

Now 24, Salma smiles as she lovingly watches her one-year-old boy and her six-year-old daughter who is in Year 2 at school. She is pleased that not only were they born healthy, but they're growing up strong, and can focus on their hopes and dreams for the future. Salma's face lights up as she describes her daughter's ambition to be a doctor in future.

Salma would like to say a big thank you to Caritas and the people of Australia for all their help.

*"We are poor and so it is easy to get discouraged about the future. However, if we have hope, we have the courage to try and do things that seem difficult or impossible at the time."*

*- Salma*





### FIND SALMA'S SHORT FILM AND INTERACTIVE STUDENT WORKBOOK:

<https://www.thinglink.com/fullscreen/1114791683788111873>



#### PRAYER

God of hope,

You gave life to all your children on earth. Guide us Lord as people of hope to keep the needs of those most vulnerable to injustice and extreme poverty at the forefront of our thoughts and actions. As we look ahead to the joyful celebration of new life at Easter, we think of Salma and mothers like her in Bangladesh and around the world who are pregnant and afraid. We ask your blessing for them and for those who are supporting them as they move towards a life full of hope and opportunity. We ask this prayer in your name. Amen

OR

Write your own prayer for Salma and her community.



#### FASTING

Salma was unable to attend the nearest clinic as it was too far from her village to walk, especially pregnant. What is something easily accessible to you that you can go without for one day or week?



#### ALMSGIVING

Upcycle Art Show:

Salma is the proud mother of two healthy children. Like all children they enjoy playing with toys. Salma and her children make toys using materials they have around the house. Have an upcycling competition where participants use materials found around their house to create a toy for a young child. Entrants could be charged to enter, and you could have an art show where patrons come and visit the show paying admission.



#### REFLECT

*The human heart is always drawn by love.*

*St Catherine of Siena*

- What is your initial reaction to this quote? What thoughts and images come into your mind when you hear this?
- How can you show God's love to others this Lent?
- How does Salma's story show that the human heart is always drawn by love?



#### CATHOLIC SOCIAL TEACHING

#### Preferential Option for the Poor

We believe in prioritising the women, men and children most vulnerable to extreme poverty and injustice.

- How is this story an example of this Catholic Social Teaching principle?
- How does your support of Project Compassion show that you believe that those most vulnerable to extreme poverty and injustice should be prioritised?

#### LEARNING TASKS



##### TASK 1: STORY STUDY

English- ACELY1701, 1703, 1713



Watch (or read) Salma's story and discuss.

1. What are some challenges for Salma?
2. Where does Salma live?
3. Why was Salma scared and afraid when she was pregnant with her first child?
4. Why is it important for women like Salma to have access to trained midwives like Pronoti?
5. What surprised you from Salma's story?
6. How did Caritas Australia help?
7. What have you learned from Salma's story?



##### TASK 2: PHOTO STUDY

Consider each photograph in the collage.

1. What is happening in the picture?
2. How do you know?
3. Where do you think the picture was taken?
4. What have you learned about the life of others around the world from this picture?
5. If you could meet the people in these photos what would you like to ask them?
6. What is your favourite picture and why?



##### TASK 3: COUNTRY STUDY

HASS - ACHASSI123, Geography- ACHASSK138, ACHASSK139

Search for the tags in the Interactive Workbook Thinglink (or do your own

research) to find the answers to the following questions about Bangladesh:

1. What is the population?
2. What percentage of the population are living below the poverty line?
3. What are the official languages?
4. What is the main religion?
5. Why are some people living in poverty?
6. Why is there inequality?
7. Where is Bangladesh? Use Google Maps to find out the location of Bangladesh and the location of Australia.



##### TASK 4: HEALTHY BABIES

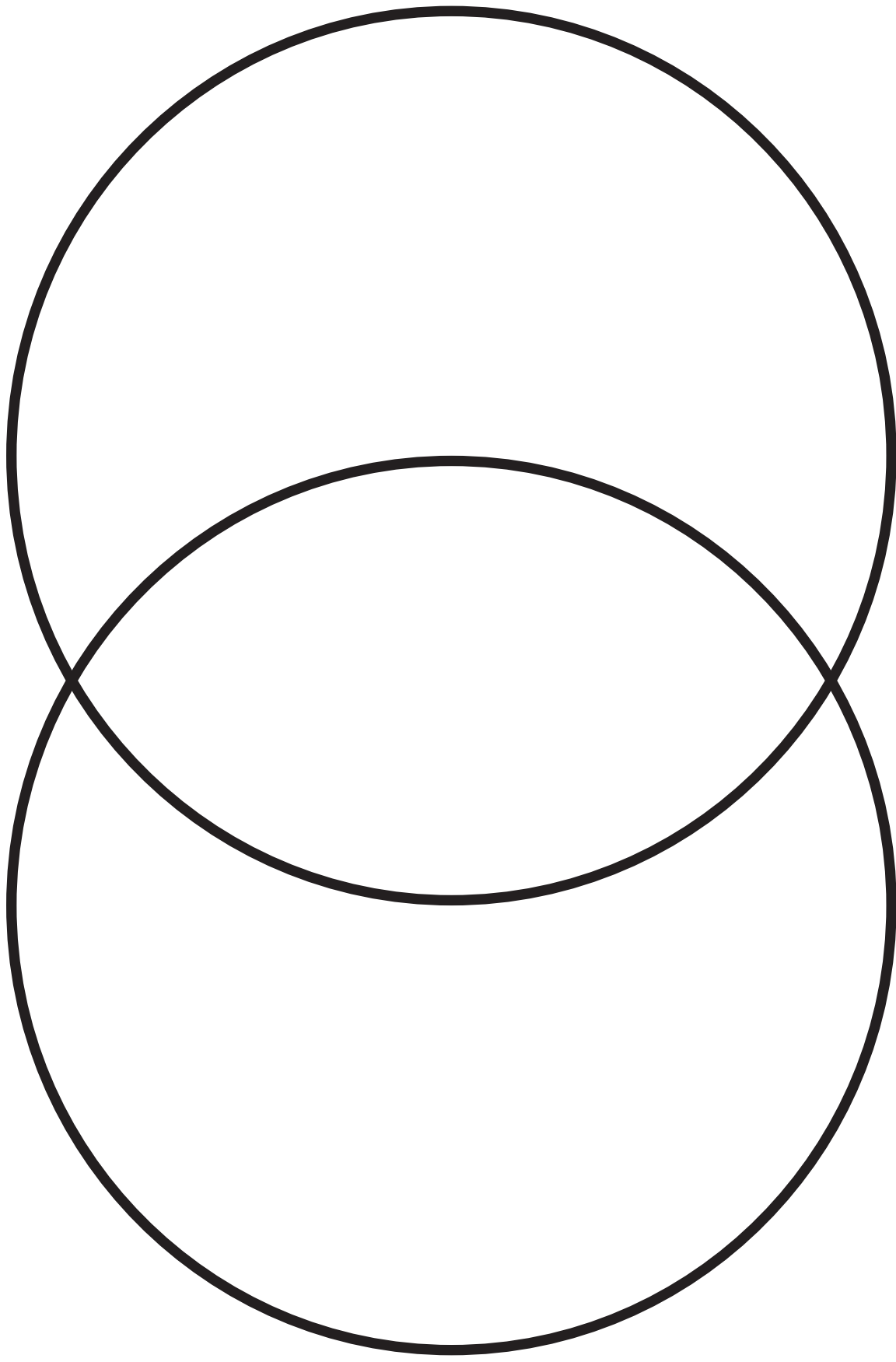
Salma, the proud mother of two healthy children, was helped through her pregnancies by Pronoti, a trained midwife. Sadly in Bangladesh many women and children die during pregnancy, childbirth and the months following the birth of a baby. Programs like the Safe Motherhood Program train women like Pronoti to help mothers and babies have safe pregnancies and childbirth.

1. What do you think healthy babies need?
2. Why do you think pregnancy is so dangerous in Bangladesh?
3. Why is it important for women like Salma to have access to midwives like Pronoti?
4. How has Pronoti's life changed through her participation in her training?
5. What can you do to raise awareness about this issue?



##### TASK 5: GRATITUDE JOURNAL

Salma's story was first shared in Project Compassion 2013. At the time she was pregnant with her first child, sick and terribly frightened. In distress, she sought the help of a midwife trained by Caritas' Safe Motherhood Program. Six years on, she's now a healthy mother of two strong, happy children. Salma is committed to giving her children the education they need to provide them with the future she hoped for. Spend 10 minutes reflecting upon what you have learned and on all the blessings in your life. Record this reflection in a gratitude journal entry.



# Venn Diagram

How are you and Salma similar and different?



# SALMA, BANGLADESH

"The human heart is always drawn by love."

– St Catherine of Siena

## 100% LOVE



Salma, Bangladesh

Salma first featured in Project Compassion 2013. At the time she was pregnant with her first child, sick and terribly frightened. In distress, she sought the help of a midwife trained by Caritas' Safe Motherhood Program. Six years on, she's now a healthy mother of two strong, happy children. Salma is committed to giving her children the education they need to provide them with the future she hoped for.

Spend 10 minutes reflecting upon what you have learned and on all the blessings in your life.

This week I am grateful for...



How can I work with others to show God's love to others?

I asked for help this week...

1.

2.

3.

